

Juvenile Program Orientation



WELCOME TO A BETTER LIFE - WHERE CHANGE IS YOUR CHOICE

This program orientation provides useful information regarding your program. Please share this information with your family and/or support system so they understand what is expected of you while attending the GEO Reentry Services program. If you have any questions that are not answered in this orientation, please speak with GEO Reentry Staff, and we would be happy to assist you.

OVERVIEW

Our staff is here to support each participant's progression through the stages of behavior change and the development of positive social attitudes. This is done by assessing your key life areas and using the results to create an individualized program plan. We work diligently to deliver the program in a welcoming, safe, and purposeful environment, built through trust, acceptance, and collaboration.

GETTING READY

Embracing change can be a challenging process which comes from making small steps towards growth. Staff support you in figuring out how to make the changes you have decided you want to make. We will work together to help you set and reach goals that are important to you, assist you in maintaining the changes, and help you learn how to manage any barriers that might get in the way of your new behaviors.

DESIRED BEHAVIORS

You will be acknowledged and rewarded for your participation and accomplishments throughout the program. During your time in the program, we ask that you follow these guidelines to make the most of your program experience.

- Give respect, expect respect
- Engagement and participation
- Use appropriate language
- Be prepared for group sessions
- Avoid victim statements
- Offering peer support
- Handle anger appropriately and safely

WHAT YOU CAN EXPECT

- A personalized program, designed for you
- A program passport to guide you through your program and acknowledge your progress
- An environment that supports change and growth
- Opportunities to learn and practice skills
- Purposeful engagement each time you meet with staff
- Support system involvement
- Peer support

THE PROGRAM

There are four phases in the program. Each phase builds on your level of commitment and is designed to help you successfully progress through the program. It is important to understand that progress is based on each participant's growth and development.

PHASE 1: ENGAGEMENT

Orientations	Assessments	Group Interventions	Individual Sessions
<ul style="list-style-type: none">· Program Orientation· Support System Orientation	<ul style="list-style-type: none">· Risk and Needs (Key Life Areas)· Criminal Thinking Scale (CTS)· Adverse Childhood Experiences (ACE)	<ul style="list-style-type: none">· Introductory Thinking for a Change (T4C) Skills Session	<ul style="list-style-type: none">· Starting Point Behavior Change Plan (BCP)· Individual Cognitive Behavioral Treatment (ICBT)

PHASE 2: DISCOVER

Group Interventions	Individual Sessions
<p>May Include:</p> <ul style="list-style-type: none">· Moral Reconciliation Therapy® (MRT)· Substance Abuse (if applicable)· Social skills· Coping skills	<ul style="list-style-type: none">· Program BCP· ICBT· Support System Session

PHASE 3: COMMITMENT

Self-Sufficiency and Pro-Social Skills	Programming Completion
<ul style="list-style-type: none">· Create Reentry Stabilization Plan· Connections to positive community support· Completion of Restorative Justice group	<ul style="list-style-type: none">· Completion of groups and individual sessions· Completion of Program BCP goals

PHASE 4: AFTERCARE/SUCCESS

Transition Planning

Once you have completed Phases 1 through 3, you will enter the Success Phase. This phase allows us to continue working alongside you to complete a Reentry Stabilization Plan and an Aftercare BCP, to help ensure you utilize your new skills and resources to successfully transition back into your community.